

Providing Education,
Promoting Awareness, and
Increasing Understanding of
Schizophrenia and
Schizoaffective Disorder

Katie Sanford

Speaker - Writer - Advocate

- Diagnosed with schizoaffective disorder - depressive type at 17
- Northwestern University graduate
- Has held positions in schizophrenia research, retail management, finance, estate planning law, and more
- Blogger and Content Creator behind Not Like The Others
- NAMI Chicago Ambassador since 2018
- Students With Psychosis Advocate since 2022

CONTACT

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**AVAILABLE BOTH VIRTUALLY
AND IN PERSON**

Mental health advocacy through the lens of lived experience

Past Engagements

- Chicago Police and Cook County Sheriff Crisis Intervention Training - Panelist
- The Kennedy Forum Illinois Mental Health Trainings - Guest Speaker
- Students With Psychosis - Guest Speaker
- South Southwest MHTTC First Episode Psychosis Conference 2022 - Students with Psychosis Panelist
- OnTrackNY Success Day - Speaker
- DePaul University and Northwestern University Graduate Psychology Classes - Guest Speaker
- The Addison Group - Mental Health in the Workplace Panelist

Popular Topics

**MY STORY OF DIAGNOSIS AND
RECOVERY WITH
SCHIZOAFFECTIVE DISORDER**

LIFE WITH PSYCHOSIS

**MENTAL ILLNESS IN THE
WORKPLACE**

INSPIRING PEERS

**INSIDE SCHIZOAFFECTIVE
DISORDER AND
SCHIZOPHRENIA**

MENTAL ILLNESS IN COLLEGE

Q &A'S

AVAILABLE FOR

SPEAKING ENGAGEMENTS

INTERVIEWS

GUEST ARTICLES

REVIEWING COURSES OR MATERIALS

ONE ON ONE PHONE OR ZOOM MEETINGS